



The Vanguard Tough Mudder Takeover

SUGGESTED WORDING FOR YOUR CHARITY GIVING PAGE



On Friday 20th September 2024, Team (INSERT TEAM NAME) will be taking part in **The Vanguard Tough Mudder Takeover** – a muddy obstacle course that will push us physically as well as mentally. We will need to work hard, together, to complete all obstacles as a team.

We're embarking on a strict training regime to get us in top shape for the big day, and thought this would be a fantastic opportunity for us to raise both awareness and much needed funds in support of (INSERT CHARITY NAME).

(INSERT CHARITY OVERVIEW TEXT).

We thank you in advance for your generosity – wish us luck!

